St. Demetrius Ukrainian Orthodox Cathedral



www.stdemetriusuoc.org

641-645 Roosevelt Ave.

Phone: (732) 541-1530 - mobile (732) 619-3259

Rev. Fr. James Cairns, Pastor friamescairns@gmail.com

Protopresbyter Dr. Taras Chubenko, Pastor Emeritus



Epistle 1 Cor. 4:9-16;

Tone 2

Gospel: Mt. 17:14-23

August 28th – 11th Sunday after Pentecost THE DORMITION OF OUR MOST HOLY LADY THE THEOTOKOS AND EVER-VIRGIN MARY

TODAY'S SERVICES:

Sun. 9:00am

Divine Liturgy – 11th Sunday after Pentecost – THE DORMITION

OF OUR MOST HOLY LADY THE THEOTOKOS AND EVER-

VIRGIN MARY

SERVICES FOR THE WEEK:

Tues. 7:30pm

Bible Study - Virtual or in Person

Sun. 9:00am

NO SERVICE – 12th Sunday after Pentecost – Father will

at All Saints Camp as spiritual advisor for Family Fest.

Altar Servers: Qorey Carter, Ryan Fealy **Reader: Subdeacon Thomas Bodnar**

PLEASE CONTINUE TO PRAY FOR: Thomas Bodnar, Grace Nartowicz, Metropolitan Antony, Peter Meka, Robert Cousins, John Happy Sr., Bill Stokes, Joan Nardi, Marci Pusillo, Pani Mary Ann, David Deli, Richard Hycuna, Diane Decibus Morgan, John Piropato, John Zelenak, Hilda Zuccaro, Thomas Zuccaro, Joseph Nardi, Olga Piropato, Nancy Grabie, Mary Wrubleski, Margaret York, Ronald York, Ann Holoob, Bruce Wadiak, Patty Tucker, Michelle Goldberg, Raymond Wizna, Catherine Ann Bylinski, Anna Muzyka, Kathleen Ward, Olivia Zazworsky, Andrew, Christopher, Sarah, David, Alexander, Joseph, John, Kirsten, John, David, Bill and Gloria, Maria, Eugene, Valentina, Christina, Ludmilla, Rafaela, Alexander, Anastasiya & children Timothy, Mary, Oskar, Tessa, Robert, Jacob, and Jonathan, remembering all the sick, the suffering, those in hospitals and nursing homes, and all the

men and women in the <u>US Military</u>, especially Subdeacon Vitaly and Subdeacon James, who serve our country and all of us. Please keep them in your prayers daily, asking God's protection upon them all.

HAPPY BIRTHDAY TO: Mary Carole Bannon and Maxwell McGarr. and all those celebrating birthdays or special intentions, may the Lord grant you all "Many Blessed Years, Mnohaya Lita!"

HAPPY ANNIVERSARY TO: Roberto & Flo Valdivieso, may the Lord grant you "Many Blessed Years, Mnohaya Lita!"

Adult Bible Study: All are welcome either virtually or present in the rectory. We are reviewing Deuteronomy Chapters 21 – 25 this week.

SMALL CATECHISM

(What every Orthodox Christian should know) **Instruction about Praver** What is necessary during prayer

- 1. Constantly remind yourself that you are in the presence of the Almighty and are asking Him to forgive the multitude of your sins, for which you will have to answer, perhaps even today – for we do not know the last day of our life.
- 2. Concentrate on the purpose of prayer. Attempt to make all the Signs of the Cross, all prostrations and other liturgical actions with great reverence. This drives away negligence, slumber and being inattentive while praying.
- 3. Do not think about personal or worldly concerns, which can always be addressed after prayer.
- 4. Remove all earthly thoughts that distract one's concentration during prayer..
- 5. Always attempt to avoid feelings of pride or self-satisfaction..
- 6. If you desire to pray without a prayer book or reciting specific prayers, you should do so.
- 7. Ask the Lord to reveal to you the most meaningful way to pray to Him.

ALL EMERGENCIES: PLEASE MAKE SURE TO CALL FATHER JAMES for any and all emergencies - for hospital, nursing home, or home visitations. PLEASE call his Cell number 732-619-3259, if necessary, please leave a voice message, Father will return your call. THANK YOU.